



Work Restrictions for Aspire Employees with COVID Infection and Exposures

Aspire Employees are strongly encouraged to get boosted as soon as they are eligible. An employee is considered “boosted” if they have received all COVID-19 vaccine doses, including a booster dose, as recommended by the CDC. The following restrictions are based on the [CDC’s guidance for healthcare workers published on 12/23/21](#).

Work Restrictions for Aspire Employees with COVID

Vaccination Status	Contingency (baseline operation)	Crisis (inadequate staffing to deliver services)
Boosted, Vaccinated, or Unvaccinated	Return to work after 5 days if asymptomatic or mildly symptomatic (with no fever 24 hours and improving symptoms)	No work restrictions for asymptomatic or mildly symptomatic

Work Restrictions for Aspire Employees with Exposures and No Symptoms

Vaccination Status	Contingency (baseline operation)	Crisis (inadequate staffing to deliver services)
Boosted	No work restrictions	No work restrictions
Vaccinated or Unvaccinated	Negative test result within 24 hours of return to work and test at 5 days post exposure (work as normal if asymptomatic, with or without results); or 10 days quarantine with no testing	No work restrictions (test as soon as possible)

This guidance is applicable to every employee, regardless of COVID positivity status in the last 90 days.

CDC reference: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>

Updates as of December 23, 2021